

## Cheesy Pasta and Broccoli

### Nutrition Facts

Servings Per Container	
<b>Serving size</b>	<b>(227g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>270</b>
<b>% Daily Value*</b>	
<b>Total Fat 4.5g</b>	<b>6%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 320mg</b>	<b>14%</b>
<b>Total Carbohydrate 49g</b>	<b>18%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein 9g</b>	
Vitamin D 0mcg	<b>0%</b>
Calcium 61mg	<b>4%</b>
Iron 3mg	<b>15%</b>
Potassium 109mg	<b>2%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS (Yield: 53 servings)

	SERVING	
1 #10 Can	2 oz	Muy Fresco Reduced Sodium Cheddar Cheese Sauce
6 lb 10 oz	2 oz	Broccoli Florets
13 lb 5 oz	4 oz	Whole Grain Pasta (Cooked)

### DIRECTIONS

- Warm cheese sauce
- Blanch broccoli in boiling water
- Mix pasta, broccoli, and cheese sauce and heat
- Hold appropriately until serving

### CONTRIBUTES

1/4 Cup      Dark Green Vegetable Serving

