

Taco Stuffed Baked Potato

Nutrition Facts	
Servings Per Container	
Serving size	(340g)
Amount per serving	
Calories	270
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 650mg	28%
Total Carbohydrate 46g	17%
Dietary Fiber 4g	14%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 57mg	4%
Iron 2mg	10%
Potassium 1044mg	20%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS (Yield: 53 servings)

SERVING		
1 #10 Can	2 oz	Muy Fresco Reduced Sodium Cheddar Cheese Sauce
6 lb 10 oz	2 oz	Prepared Beef Taco Meat, Cooked
6 lb 10 oz	2 oz	Fresh Salsa*
53 each	1 each	Russet Potatoes (6 oz)

DIRECTIONS

- Pre Heat oven to 350° F
- Warm cheese sauce
- Wash and dry potatoes
- Rub potatoes with oil and place on sheet tray
- Bake until tender
- Remove from oven and let cool enough to handle
- Cut deep slit in each potato, keeping bottom skin intact
- Add 2 oz taco meat (#16 scoop)
- Add 2 oz warm cheese sauce (#16 scoop)
- Top with 2 oz salsa (#16 scoop)

CONTRIBUTES

1/4 Cup	Red/Orange Vegetable Serving
1/2 Cup	Starchy Vegetable Serving
2 oz	Meat/Meat Alternate Serving

*Assumes the salsa contains all vegetable ingredients plus a minor amount of spices or flavorings

